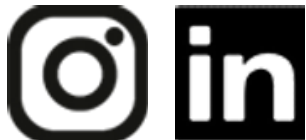


Keynote Speaker

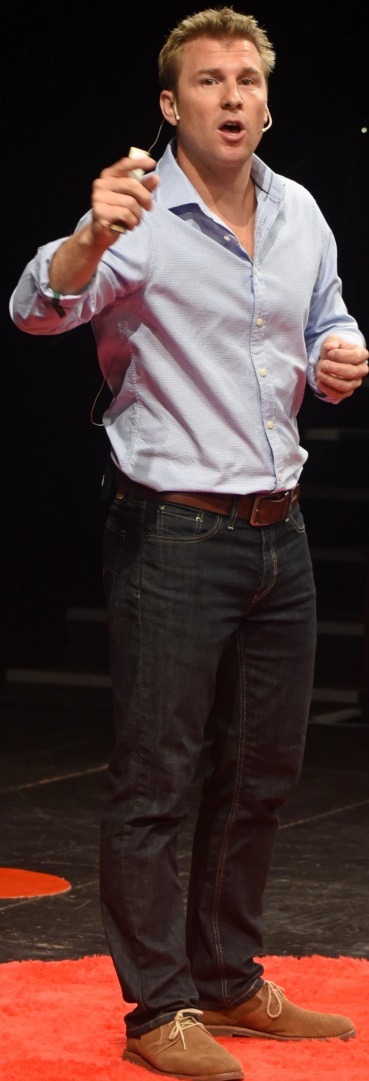


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**CAMERON
NORSWORTHY**

Neuro-Performance Scientist



IN-PERSON



VIRTUAL



WORKSHOPS

Known as the Flow Coach, Dr Cameron Norsworthy's work in HUMAN performance has helped to decode the neuropsychophysiology of optimal functioning to improve health, well-being, and performance.

INSPIRING

INTERESTING

IMPACTFUL

His pracademic approach conveys inspiring and captivating messages, couched in theory and research.

**CAMERON
NORSWORTHY**

Bio

ATHLETE

SCIENTIST

COACH

Keynote speaker, scientist, founder of the Flow Centre, and performance advisor.

My journey started as a British tennis player, participating in over 3 World Championships. After injury, I founded and, several years later, sold on the UK's largest adventure tour operators to then focus on my passion, HUMAN performance and flow.

Academically, I was awarded the Outstanding Academic Achievement Prize for reports surrounding flow and performance; my work has advanced flow theory and generated the Psychological Flow Scale (PFS).

Practically, I have coached numerous World Champions, leaders, entrepreneurs, and active professionals. My organisation, the Flow Centre sets the industry training standards for Flow Coaching

I continue to speak at scientific conferences, chair scientific labs on flow and optimal functioning, run the biennial Flow Conference, and compete on the senior World Tennis Tour and World Championships.

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Talks

How to find flow

How to foster flow

The neuroscience behind optimal performance

Why we are engineered to fail

The three Evolutionary Errors

The Flow Mindset

What it really takes to become World Champion

Resilience Vs grit

More

CAMERON NORSWORTHY

Head Shot

Photos

Bio



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